





Delhi Public School Bangalore South PRESENTS

# Mind Matters 2025



10th & 11th

October

Peer Educators Initiative for Wellbeing

## SCHEDULE DAY1

Time	Programme	Venue
8:30 am to 9:00 am	Registration & Breakfast	Open Audi
9:15 am to 10:30 am	Lighting of the Lamp and inaugural ceremony	BIA Audi
10:30am to 11:30 pm	Setting up Life Skill Stalls by schools/colleges/organisations	Open Audi
10:40 am to 12:45 pm	Nukkad Natak	Amphitheatre
10:35 am to 12:45 pm	Natyalaya	BIA Audi
10:35 am to 12:30 pm	Mind in Motion	AV Room
10:35 am to 11:35 am	Utopia	Open Audi
11:35 am to 1:20 pm	Visit to the Stalls & Lunch	Open Audi
1:25 pm - 2:30 pm	Interactive session on Teen Mental Health First Aid by MPower	BIA Audi
2:35 pm to 3:30 pm	Pitch Perfect	German Lab
2:40 pm to 4:00 pm	Behaviour Scientists	BIA Audi



### SCHEDULE DAY 2

Time	Programme	Venue
8:00 am to 8:20 am	Registration for Day 2 and breakfast	Open Audi
8:25 am to 8:50 am	Shakti (Fashion Show)	BIA Audi
9:00 am to 10:00 am	Panel Discussion by Doctors from Manipal and Bangalore Hospital	BIA Auditorium
10:00 am to 12:30pm	Yuva Sansad	AV Room
10:00 am to 11:30 am	JAM	German Lab
10:15 am to 11:15 am	Interactive Session by Dr Ashwini on Emotional Intelligence and Stress Management for teachers	BIA Auditorium
11:20 am to 12:30 pm	Interactive Session for Parents by Fatima Khader-Asghar on Breaking the Stigma - Talking about Mental Health at home and building resilient children.	BIA Auditorium
10:15 am to 11:30 am	Laugh it Out- Stand Up Comedy	Amphitheatre
10:15 am to 12:40 pm	Mind in Motion (Room Visit)	BIA Block
1:00 pm to 1:30 pm	Lunch	Open Audi
1:35 pm to 2:00 pm	Showcase of Best Reels	BIA Audi
2:00 pm to 4:10 pm	<ul> <li>The Grand Finale with the selected Bands(for Battle of Bands) and Prize Ceremony</li> </ul>	BIA Audi



### Breakfast is provided for both the days for all participants.

**CONTACT US:** 

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Registration Link for Internal DPS Bangalore South students and External schools/colleges

https://entrar.in/cd273632523539f0110095199b821c3c/onlineRegistrationConclave/3

Registration Link for External Delegations

https://entrar.in/cd273632523539f0110095199b821c3c/onlineRegistrationConclave\_delegation/3



#### WE LOOK FORWARD TO YOUR PARTICIPATION!

https://linktr.ee/mindmatters2025



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